

LESSON 10  
Adults

NOVEMBER 3, 2024

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**Lesson Text: JONAH 2:1-10**

**GOLDEN TEXT: “When my soul fainted within me I remembered the Lord: and my prayer came in unto thee, into thine holy temple” (Jonah 2:7).**

Teachers: Rev. Britt and Deacon Copeland

**JONAH 2: 1** Then Jonah prayed unto the LORD his God out of the fish’s belly.

- 2 And said, I cried by reason of mine affliction unto the LORD, and he heard me; out of the belly of hell cried, I, and thou heardest my voice.**
- 3 For thou hadst cast me into the deep, in the midst of the seas; and the floods compassed me about: all thy billows and thy waves passed over me.
- 4 Then I said, I am cast out of thy sight; yet I will look again toward thy holy temple.**
- 5 The waters compassed me about, even to the soul: the depth closed me round about, the weeds were wrapped about my head.
- 6 I went down to the bottoms of the mountains; the earth with her bars was about me for ever: yet hast thou brought up my life from corruption, O LORD my God.**
- 7 When my soul fainted within me I remembered the LORD: and my prayer came in unto thee, into thine holy temple.

**8 They that observe lying vanities forsake their own mercy.**

9 But I will sacrifice unto thee with the voice of thanksgiving; I will pay that that I vowed. Salvation is of the LORD.

**10 And the LORD spake unto the fish, and it vomited out Jonah upon the dry land.**